

CIT = Crisis Intervention Teams



CIT: The Memphis Model

- **Law Enforcement Driven**
- **A Community Partnership**
- **More than Training**
- **Outcomes for Law Enforcement and Mental Health Consumers**

History of C.I.T

- Started in Memphis, TN in 1988
- Result of officer-involved shooting of an offender with a mental illness
- Partnership was established between police, mental health, and community



National Statistics

- 5.6% of the United States population have a serious mental illness
- 7% of all police contacts involve a person believed to be mentally ill
- Police officers average six encounters per month with individuals with a mental illness

Outcomes for CIT Programs

- **Reduction in use of force**
- **Reduction in injuries to law enforcement and consumers**
- **Increased diversion from criminal justice to treatment options**
- **Improved time management for law enforcement**
- **Improved relationships between law enforcement, mental health providers and the community**

Partnership

- **Law Enforcement Agencies**
- **Mental Health Providers**
- **NAMI**
- **Prosecutor**
- **Public Defender**
- **Other**

Law Enforcement

- **City Police and area town Police**
- **Sheriff**
- **Campus Police**
- **School Resource Officers**
- **Parole/Corrections**
- **Highway Patrol/KBI**
- **Other**

More Than Training

- **Curriculum models for 40 hour training requirement**
- **Trainers available from other CIT programs**
- **Building training capacity at the local level**
- **Train 25 percent of officers**
- **Integrating the training through the development and implementation of policies and procedures**
- **Building the local CIT Council**

Training Content

- **Introduction to clinical disorders**
- **Psychotropic medications**
- **Dual Diagnosis and Substance Abuse**
- **Legal Issues**
- **Suicide Prevention**
- **Elderly and Children's Issues**
- **Developmentally disabilities**
- **Community resources**
- **Consumer and family perspectives**
- **Intervention and de-escalation strategies**
- **Visits to mental health facilities**

Benefits of C.I.T. Training

- Arrests and use of force situations have decreased nationwide
- Officer recognition and appreciation by the community have increased
- Consumers that may be “overlooked” by police services are identified
- Effective court and hospitalization proceedings through partnerships

Formation of your CIT Council

- Identify Key Members-should be composed of members from each stakeholder agency.
- Members should have a willingness to work in a partnership environment for the good of the community as a whole.
- Council should have a majority membership of from law enforcement agencies

Getting Buy In from Administrators and from front line officers

- The best advocates often come from officers who have experienced the benefits of CIT
- Have “success stories” and statistics readily available to show how CIT has worked nationwide.
- If possible, have a member of a “functioning” CIT Council available to answer questions.

The need for non-law enforcement core members

- Other agencies and community involvement, including family and consumer representation can provide:
 - a community perspective
 - a business perspective
 - the perspective of family and friends
 - the perspective of consumers of mental health services

CIT Council

Memorandum of Agreement

- Train law enforcement officers/first responders on best practices**
- Provide necessary funding for CIT training**
- Identify specific roles and responsibilities for participating organizations**
- Provide mutual support to staff and volunteers**
- Gather relevant data on crisis incidents and responses**
- Bring recommendations to policy makers at the local, state and federal levels on matters pertaining to the work of the CIT Council and to collaborate with other local and regional CIT programs in addressing such issues.**

Planning the First Training Class

- Get curriculum models from established CIT programs
- Select an accessible location that is easily known to all members of the stakeholder community.
- Have dynamic opening speakers lined up; (e.g. District Attorney)
- Identify other key resource people in the service area

Financial Planning for your Program

1. Donations
2. Initial Costs
3. Tuition from Attendees
4. Local Mental Health Advocates (i.e. NAMI)

Planning Time Line

- Focus on getting the buy-in from law enforcement and building the partnership with the community
- 12 months or more lead time for the development of the local Council and planning for the first class of officers
- Consider collaboration with other CIT Councils and with KLETC to get the training jump started
- Objective to get 25% of officers trained over a period of time

Resources

- Established CIT programs in Johnson, Reno, Lyon, Shawnee and Sedgwick
- Resources at www.namikansas.org – click on CIT
- CIT International Conference
- Kansas Crisis Intervention Team Summit